



## FROM THE PEACE EDUCATION INSTITUTE

**“ENGAGE: Exploring Nonviolent Living”** is a serious, 12-week study in nonviolence that looks deeply at the power of nonviolence in social change and in our daily lives.

The goals of the Engage program are:

- To explore and experiment with nonviolence as a way of life.
- To examine our current beliefs and practices with regard to violence and nonviolence
- To obtain practical skills for responding to violence
- To connect with a community of people which supports, encourages, and challenges our practices of nonviolence
- To take nonviolence action together as a group.

During the journey of the 12 session, we will look at personal situations of violence that we face in our daily lives and the structural violence that exists in our community/world. During the last part of the program, we will look together at the possibility of planning and implementing a non-violent action that would promote a needed social change of our choosing.

The cost of joining this study is \$75 per person, which can be paid on a weekly basis if needed. This will cover snacks and materials.

The Engage study group will be run 12 Thursday evenings, beginning September 1 and ending on November 18. Each session is 2 ½ hours, beginning at 6:00 p.m. Sessions will be held at the Peace Education Institute, 11404 N. Midwest Blvd.

**The registration deadline is August 20.** The recommended size of the group is 8 to 12. You can register by calling Conna (Peace Education Institute) at 204-6479, or email [phwebmail@cox.net](mailto:phwebmail@cox.net).

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